ぜんたいしんこうひょう

# 全体進行表

| | トラック競技 | 跳躍競技 | 投てき競技 | | | |
|---|---|---|---|---|---|---|
| | | L | A | B | C | |
| 9:45 | 開会式 | | | | | 9:45 |
| 10:40 | スラローム | | | ジャベリックスロー | | 10:40 |
| 10:50 | | | | | | 10:50 |
| 11:00 | | 立幅跳 | | | | 11:00 |
| 11:10 | | | | | | 11:10 |
| 11:20 | 1500m | | | | | 11:20 |
| 11:30 | | | | | | 11:30 |
| 11:40 | | | | | | 11:40 |
| 11:50 | | 立幅跳 | | | | 11:50 |
| 12:00 | | | | | | 12:00 |
| 12:10 | | | | | | 12:10 |
| 12:20 | 100m | | | ソフトボール投 | | 12:20 |
| 12:30 | | 立幅跳 | | | | 12:30 |
| 12:40 | | | | | | 12:40 |
| 12:50 | | | | | | 12:50 |
| 13:00 | | | ビーンバッグ投 | | 砲丸投 | 13:00 |
| 13:10 | 800m | | | | | 13:10 |
| 13:20 | | | | | | 13:20 |
| 13:30 | 200m | 立幅跳 | | | | 13:30 |
| 13:40 | | | | | | 13:40 |
| 13:50 | 50m(視) | | | | | 13:50 |
| 14:00 | | | | | | 14:00 |
| 14:10 | 50m | | | | | 14:10 |
| 14:20 | | | | | | 14:20 |
| 14:30 | | | | | 砲丸投 | 14:30 |
| 14:40 | 400m | 走幅跳 | | | | 14:40 |
| 14:50 | | | | | | 14:50 |
| 15:00 | | | | | | 15:00 |
| 15:10 | | | | | | 15:10 |
| 15:20 | | | | | | 15:20 |
| 15:30 | | | | | | 15:30 |
| 15:40 | | | | | | 15:40 |
| 15:50 | | | | | | 15:50 |
| 16:00 | | | | | | 16:00 |
| | 閉式（予定） | | | | | |